The Behavioral Health Services Dual Diagnosis Unit is a distinct, 16-bed unit for individuals age 18 and older who are dually diagnosed with a psychiatric disorder and substance abuse disorder. Patients receive comprehensive, integrated inpatient therapy from a multidisciplinary team. The program provides individual, group and family therapy through a unique individualized treatment program of which aftercare planning and referral involvement are key components. As Pennsylvania’s first fully licensed Dual-Diagnosis Unit, our program is renowned for its structure and eclectic therapeutic approaches to treating co-occurring disorders. For more information on this program call 24 hours a day, 1.800.446.2583 and 8:30 a.m. to 5 p.m. call 814-362-8563.

**ADMISSION CRITERIA**

At least 1 psychiatric disorder and at least 1 substance use disorder
A recent psychiatric evaluation and/or psychosocial assessment
18 years of age or older
Patients must be medically stable

**INSURANCES**

Behavioral Health Services is an approved provider for most commercial insurance plans including Medicaid and Medicare

**REFERRAL PROCESS/ REFERRAL SOURCE**

- Completed referral form
- Obtains a copy of recent psychiatric evaluation and/or psychosocial assessment
- Fax referral form, patient program agreement and psychiatric evaluation and/or psychosocial assessment to 814.368.7784
- A BHS case manager and psychiatrist will review the referral packet and complete an insurance verification
- Referral source will be notified of a bed availability date and if any additional information is required before the patient can be admitted

**THERAPEUTIC TEAM**

- Psychiatrist
- Registered Nurses
- Licensed Psychologist
- Social Worker
- Mental Health Therapists
- Case Managers
- Certified Nursing Assistants
- Support Staff

**THERAPEUTIC STRUCTURE**

- 7-9 structured groups daily ranging in intensity
- Daily individual sessions with a psychiatrist and mental health therapist
- Programming based on a 21-day treatment stay
- Voluntary program within a secured (locked) unit

**TELEPHONE HOURS**

Following a 24-hour blackout period patients’ may make and receive calls from 8 a.m. - 9:30 p.m., except during group therapy, individual therapy and other program activities. Calls are limited to 10 minutes for the courtesy of others.

**FAMILY AND SOCIAL SERVICES**

Family and couples therapy

**PSYCHOLOGICAL TESTING**

Conducted upon the order of the attending psychiatrist

**VISITATION**

Weekends & Holidays 1 p.m. to 3 p.m.
Only two visitors per patient at a time
No one under the age of 18 is permitted to visit
No food or drinks are permitted on the unit (except hard candy and gum in original wrappers)
Items brought into the unit by a visitor must be checked by staff

*BHS is a smoke free environment