

CHILDBIRTH EDUCATION CLASSES



This class will provide you with valuable information and skills to help you prepare for childbirth. The program prepares the expectant mother and father or support person for the last trimester of pregnancy, labor and birth of your baby. You will also learn possible complications of pregnancy, pain management, postpartum and newborn care, and breastfeeding basics. It is recommended that classes be taken in the last trimester of your pregnancy. Classes are available in both Olean and Bradford. Private tours of Olean General Hospital's OB Department are available by calling **(716) 375-6294**.

2020 SCHEDULE

Olean

January 11th March 14th
May 9th July 11th
September 12th November 7th

Classes are located in the Education Center.
On the 1st floor from 8am- 4pm

Bradford

February 11th April 7th
June 16th August 4th
October 13th December 8th

Classes are held in Education Center Room B.
3rd floor East wing of hospital from 5pm-9pm

To register for a class or to receive additional information, call the OB/GYN department at Olean General Hospital (716) 375-6330. Please bring your insurance card.



Upper Allegheny Health System
A Member of Kaleida Health