The Acute Day Partial Hospitalization Program in the Behavioral Health Services Unit at Bradford Regional Medical Center is centered on a therapeutic approach designed to treat and stabilize individuals with mental illness in the acute phase. The approach of this program allows participants to address issues before behavioral and cognitive symptoms become severe and unmanageable. The overall goal of this program is to assist each individual in achieving optimal intrapersonal and community involvement.

HOURS OF OPERATION
Monday, Tuesday, Wednesday, Friday, 9 a.m. to 3 p.m. (patients)
Monday through Friday 8 a.m. to 4 p.m. (staff)

ADMISSION CRITERIA
• At least 1 established and exacerbated psychiatric diagnosis
• May have co-occurring drug and/or alcohol use disorder or dependency
• 18 years of age and older

REFERRAL PROCESS/REFERRAL SOURCE
• Individuals can be referred by a physician, nurse practitioner, physician assistant or the BRMC Emergency Department
• Court and/or probation mandated cases accepted

THERAPEUTIC STRUCTURE
• Initial comprehensive diagnostic evaluation
• Six hours of structured group therapy: Monday, Tuesday, Wednesday, and Friday
• Variable length of stay according to each individual’s needs
• Individual therapy
• Family therapy
• Medication management with the psychiatrist
• Coordination of continuing care needs and active discharge planning with referral source and partial personnel
• Daily lunch provided

INSURANCES
• Behavioral Health Services is an approved provider for most commercial insurance plans, including Medicare and Pennsylvania Medicaid

THERAPEUTIC TEAM
• Psychiatrist
• Registered Nurse
• Licensed Psychologist
• Social Worker
• Mental Health Therapists
• Case Managers

FAMILY AND SOCIAL SERVICES
• Family and couples therapy
• Educational resources are available

PSYCHOLOGICAL TESTING
• Conducted upon the order of the attending psychiatrist

SMOKING
Allowed in designated smoking areas outside the Medical Center