The Alcohol Detoxification Unit allows for a medically managed approach to alcohol withdrawal. Acute signs of alcohol withdrawal include: nausea/vomiting, hand and/or tongue tremors, paroxysmal sweats, tactile, auditory and/or visual hallucinations, sensorium and orientation clouding, elevated blood pressure, elevated heart rate, physical agitation, mental agitation, physical aching and headache.

ADMISSION CRITERIA
- Patient must meet clinical criteria for detoxification from alcohol
- Patient can be referred by a physician, agency, hospital or self
- Voluntary admission
- 18 years of age and older

ADMISSION PROCESS
Patient reports to the Emergency Department of Bradford Regional Medical Center for an assessment

INSURANCES
Behavioral Health Services is an approved provider for most commercial insurance plans, including Medicaid and Medicare

THERAPEUTIC TEAM
- Psychiatrist
- Registered Nurses
- Licensed Psychologist
- Social Worker
- Mental Health Therapists
- Case Managers
- Certified Nursing Assistants
- Support Staff

THERAPEUTIC STRUCTURE
24 hour nursing and medical care
Medical and psychiatric assessment conducted by psychiatrist
Individualized treatment plan
Opportunity to attend alcohol dependency groups and individual therapy
Consultation with allied health professionals as needed
Length of stay is based upon individual medical need
Active discharge planning and continuing care referrals with unit case manager

FAMILY AND SOCIAL SERVICES
Family and couples therapy

VISITATION
Daily 5 p.m. to 7 p.m.
Only two visitors per patient at a time
No one under the age of 18 is permitted
No food or drinks are permitted on the unit (except hard candy and gum in original wrappers)
Items brought into the unit by a visitor must be checked by staff

TELEPHONE AVAILABILITY
Phone available for calls
8 a.m. to 8:45 p.m.

SMOKING
*BHS is a smoke free environment