The Intensive Outpatient Program at Bradford Regional Medical Center utilizes an extensive therapeutic schedule designed to stabilize and treat individuals who suffer from drug and alcohol abuse and/or dependence. Our goal is to provide intensive outpatient therapy in a less restrictive treatment environment, while assisting individuals in establishing a personal recovery program they can utilize while maintaining involvement with family, employment and the community. For more information on this program, which is located in Bradford Regional Medical Center’s Behavioral Health Services Unit, call 814.362.8317.

**ADMISSION CRITERIA**
- Established drug and/or alcohol abuse and/or dependency
- At risk of relapse or intensified use
- Can have a co-occurring Axis I Psychiatric Symptom Presentation
- 18 years of age and older

**REFERRAL PROCESS/REFERRAL SOURCE**
- Individuals can be referred by a physician, nurse, employer and/or agency
- Individuals can self-refer
- Court and/or probation mandated

**INSURANCES**
- Behavioral Health Services is an approved provider for most commercial insurance plans, including Medicaid and Medicare

**THERAPEUTIC TEAM**
- Psychiatrists
- Psychiatric Nurses
- Licensed Psychologist
- Social Workers
- Mental Health Therapists
- Case Managers
- Certified Nursing Assistants

**THERAPEUTIC STRUCTURE**
- Initial comprehensive diagnostic evaluation
- Three hours of structured group therapy for three days a week
- Eight week program
- Individual therapy
- Coordination of continuing care needs and active discharge planning with referral source and IOP personnel

**FAMILY AND SOCIAL SERVICES**
- Family and couples therapy
- Educational resources are available

**SMOKING**
- Allowed off campus

**HOURS OF OPERATION**
Monday, Tuesday and Thursday: 8:00 a.m. to 7:00 p.m.
Wednesday and Friday: 8:00 a.m. to 3:00 p.m.