The Intensive Outpatient Program (IOP) is a treatment program designed to stabilize and treat individuals with substance use disorders and dependencies. Our goal is to provide intensive outpatient level therapy in a less restrictive treatment environment and assist individuals in establishing a personal recovery program while maintaining involvement with family, employment and community. For more information on this program, call 814.362.8317.

HOURS OF OPERATION
Monday, Wednesday, and Thursday: 9 a.m. to 7 p.m.
Tuesday 8 a.m. to 4 p.m.
Friday: 8 a.m. to 12 p.m.

ADMISSION CRITERIA
- Established drug and/or alcohol use disorder or dependency
- At risk of relapse or intensified use without
- Can have a co-occurring mental health condition
- 18 years of age and older

REFERRAL PROCESS/REFERRAL SOURCE
- Individuals can be referred by a physician, nurse, employer, or Social Service Agency
- Individuals can self-refer
- Court and/or probation mandated cases accepted

INSURANCES
- Behavioral Health Services is an approved provider for most commercial insurance plans, including Medicare and Pennsylvania Medicaid
- Self-pay option is available

THERAPEUTIC TEAM
- Psychiatrist
- Registered Nurse
- Licensed Psychologist
- Social Worker
- Mental Health Therapists
- Case Managers

THERAPEUTIC STRUCTURE
- Initial, comprehensive diagnostic evaluation
- Three hours of structured group therapy, three days a week for eight weeks
- Individual therapy sessions weekly up to 1 hour
- Coordination of continuing care needs and active discharge planning with referral source and IOP personnel

FAMILY AND SOCIAL SERVICES
- Family and couples therapy
- Educational resources are available

SMOKING
Allowed in designated smoking areas outside the Medical Center